

Tim Shea's Ruck March from the Delaware State Police Headquarters to Troop 5 in Bridgeville in Honor of his Brother Corporal Christopher Shea







Delaware – Tim Shea wanted to serve the memory of his brother, Christopher, and try to come up with ways to support families of police survivors. Since today, July 18th 2018 marked the 14th anniversary of his brother's End of Watch, he came up with a "crazy idea to ruck 34.8 miles" since his brother's badge number was 348. He carried a minimum of 14 pounds – one pound for every year without his brother. This morning Tim Shea started his journey and travelled on foot from DSP Headquarters in Dover to Troop 5 in Bridgeville. The idea was to make this a fundraiser for the [Concerns of Police Survivors Delaware Chapter](#), an organization that has helped many families who had to endure the loss of a loved one in the line of duty. Find out more about his story and visit: www.cmshea.org/ruck

Since the untimely death of Trooper Christopher Shea in 2004, the Shea family has hosted the CM Shea 5k race to raise money to give scholarships in his name to his high school and Community college. From the early days and serving in the Marine Corp, Christopher Shea wanted to become a trooper. He was accepted into the DSP Academy into the 71st Delaware State Police Recruit Class. He graduated from the Delaware State Police Academy on December 16, 2000. He was first assigned to Troop 5, in Bridgeville; Saying he was excited to finally be "on the job" was an understatement. He is well thought of by all who knew him and the countless hours he talked about his dream job, as a Delaware State Trooper. Corporal Christopher Shea proudly and honorably served the citizens of Delaware and will always be remembered. DSP Strong!

Quote

"While traveling alone on the highway today in the heat, it hit me that officers can get lonely and at times become stressed. It was in that moment that I knew I had a long way to go but could not stop because of all of the officers; who without question support our families and our communities. I had to stick it out and ultimately persevere regardless of how I felt, because quitting is not an option for a survivor nor would it be for me.

The pressure and strain of being a law enforcement officer can definitely make you feel isolated. What kept me going is that I am only going to be uncomfortable with the pain for a few days. The families of those who made the ultimate sacrifice have to endure losing a loved one for the rest of their lives.

I want to thank the Delaware State Police and all those who got involved to help plan this from the beginning. We started with an idea to organize this event two months ago and I didn't know until I came into Troop 5 what an impact I made on the men and women of the Delaware State Police and that I would get an awesome and warm welcome of troopers and family members...now this is the reason why people like me do what we do for our officers. Troopers are so much more than law enforcement and we are more than just civilians to them...we are family."

Tim Shea, brother

Presented by the Director of Public Information, Sergeant Richard Bratz

Released: 071818 2311

-End-